

Figures of the week

- [1,739 people, including 178 children](#), have been injured by Russia's mines and explosive remnants of war.

Foreign Policy

- President Zelenskyy held a [phone call with Federal Chancellor](#) of Germany Friedrich Merz.
- [Address by the President Zelenskyy](#) to the Participants of the Warsaw Security Forum.
- President [Zelenskyy held phone calls](#) with President of the EU Commission Ursula von der Leyen, Prime Minister of Canada Mark Carney, President of Finland Alexander Stubb, NATO Secretary General Mark Rutte, [Prime Minister of Poland Donald Tusk](#),
- The [European Union officially opened two more negotiating clusters for Ukraine](#) on October 13 during an Intergovernmental Conference session in Luxembourg.
- [Russia maps out war scenarios to 2045](#), six involving Northern Europe, Ukrainian Intelligence Says.
- Ukraine's Foreign Minister Sybiha met with the foreign ministers of [Poland](#), [the UK](#), [Norway](#), [German](#), [Armenia](#), [Lithuania](#), [Slovakia](#), [Sweden](#), [the Netherlands](#), [France](#), [Latvia](#), [Hungary](#), [Estonia](#), [Luxembourg](#), and [the EU High Representative](#).
- Ukraine's Foreign Minister Sybiha held a conversation with [WTO Director-General](#), and [Minister of Foreign Affairs of Colombia](#).

Home and Frontline

- [Total losses of the Russian occupiers in Ukraine](#) since February 24, 2022, to October 14, 2026: in personnel – 1 557 350, tanks – 12 414, ACV – 25 535, artillery system – 51 195.
- [Russian forces suffered more than 50,000 casualties](#) in Ukraine during September 2026, including as many as 28,000 soldiers killed.
- Russia targets all three of [Kyiv's heat and power plants](#) in massive missile attack.
- [Four people were killed and 27 injured](#) in a combined Russian attack on Kyiv on October 14, including a seven-year-old child, according to the latest reports.
- Russia hit Kyiv with [5 ballistic missiles](#) - Ukraine says allied warning never came.
- [Ukraine smashes Russia's encirclement plans](#), retakes 277 Km² and 16 settlements in Donetsk.
- [Russian forces struck a group of people](#) leaving the frontline city of Kupiansk in Ukraine's Kharkiv region.
- At least [14 people have been injured](#) in a Russian drone strike on an educational institution in central Rivne, western Ukraine.
- Weekly [situation in temporarily occupied Crimea](#) as of 14 October 2026.
- At least [33 people were killed](#) and another 18 injured in a Russian strike on a passenger bus in Kramatorsk.
- Russia's Black Sea blockade could trigger [global food crisis](#) within two months.
- Ukraine struck Yandex data centers, [Russian bots went silent in the world](#).

Learn more

After more than four years of high-intensity war, Ukraine and Ukrainians have developed essential routines for survival. Everyone has their own, and it is not uncommon for people to debate which decisions to make based on their individual situation and potential risks. Life in Ukraine is a high-intensity risk management exercise. In Kyiv, going down into the subway has become one of these routines. Read more in [today's recommended article](#).